

Allergen List - Tir a Môr Llanrwst - Takeaway

We are happy to provide you with the information you need to make your own menu choice. We cannot recommend or tell you what is suitable for you to eat or drink. Please note that our menu descriptions do not include all ingredients or allergens. This information is subject to change and updated by our suppliers in real time. Therefore, even if you have chosen the item previously, please make sure that you check it each time you visit and always inform your server / ordering point of your allergy, intolerance or dietary requirements.

If you have any questions, allergies or intolerances, please let us know before ordering.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts) and products there of.

Garnishes and accompaniments are included in the allergen information. Items that are added as a self-selection, choice, upgrade or swap (e.g. side salad instead of chips) must be checked and the allergen information considered.

CROSS CONTAMINATION: Our food and drinks are prepared in food areas where cross contamination may occur.




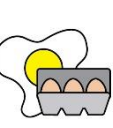

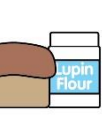


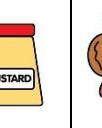
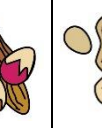
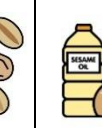
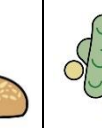


We declare allergens if they are intentionally added to a product.

Where our suppliers have indicated possible cross contamination risks, we also declare their allergen 'may contain' risks.



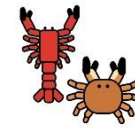
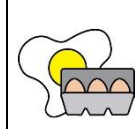
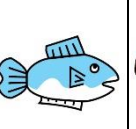
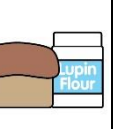


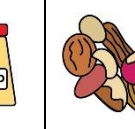
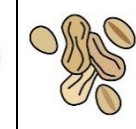

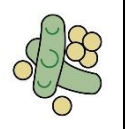


Our food and drink preparation and serving areas, storage areas and cooking equipment (e.g. fryers, grills etc) may be shared and fried items containing different allergens may be cooked in the same oil. If you are concerned about possible allergen cross contamination of the food or drink you wish to consume, please ask us for further information on our cooking methods and policies.

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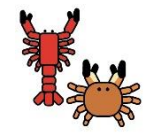


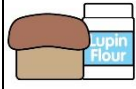








Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Normal Fish Cake with Chips		(WHEAT)			x									x
Breaded Plaice	May Contain	(WHEAT)		May Contain	x		May Contain		May Contain				x	May Contain
Breaded Plaice and Chips	May Contain	(WHEAT)		May Contain	x		May Contain		May Contain				x	x
Scampi		(WHEAT) (GLUTEN)	X (Scampi Tail)		X									
Scampi and Chips		(WHEAT) (GLUTEN)	X (Scampi Tail)		X									x



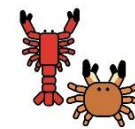
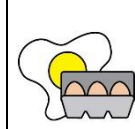
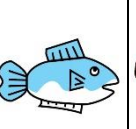
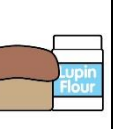
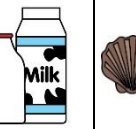


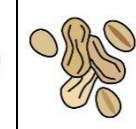

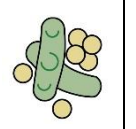


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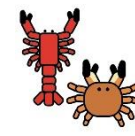
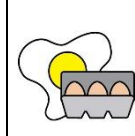
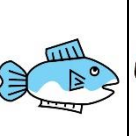
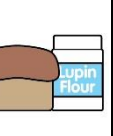


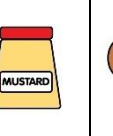
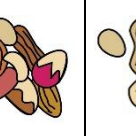
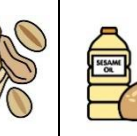
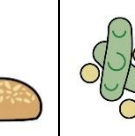
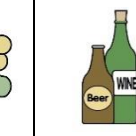
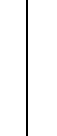
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Cheeseburger (No bun)		(WHEAT)					May Contain		x				x	x
Cheeseburger (in a bun)		(WHEAT)					May Contain		x				x	x
Cheeseburger (in a bun with ketchup)	x	(WHEAT)					x		X				x	x
Cheeseburger in a bun with mayo)		(WHEAT)		x			x		X				x	x
Cheeseburger in a bun with salad and ketchup)	x	(WHEAT)					x		x				X	x
Cheeseburger in a bun with salad and mayo)		(WHEAT)		x			x		X				X	x
Beef Burger (No bun)		(WHEAT)					May Contain		X				x	x
Beef Burger (in a bap with salad and mayo)		(WHEAT)		x			May Contain		x				X	x



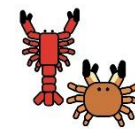
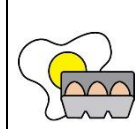
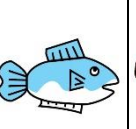
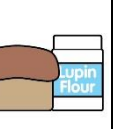
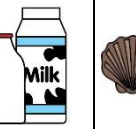


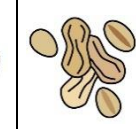

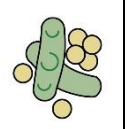


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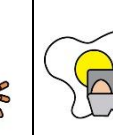
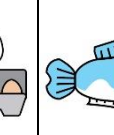
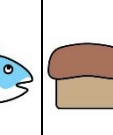


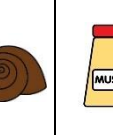

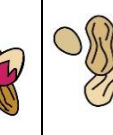
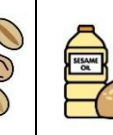
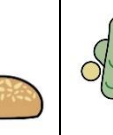
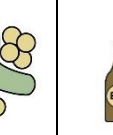
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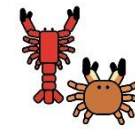
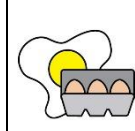
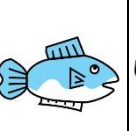
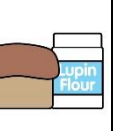

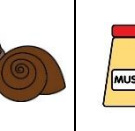
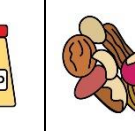
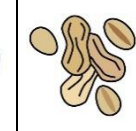

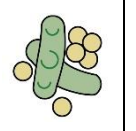


Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pulled Pork Burger in a bun		(BARLEY) (WHEAT) (Gluten)					May Contain						x	
Pulled Pork burger in a bun with mayo		(WHEAT) (BARLEY, GLUTEN)		x			May Contain		x				x	
Pulled pork burger in a bun with salad and mayo		WHEAT) (GLUTEN) (BARLEY)		x			May Contain		x				x	
Chicken Burger (no bun)		(WHEAT)											x	
Chicken Burger in a bun (Salad optional)		(WHEAT) (GLUTEN)					May Contain						x	
Chicken Burger in a bun with mayo (Salad optional)		WHEAT) (GLUTEN)		x			May Contain		x				x	
Chicken Burger in a bun with ketchup (salad optional)	x	WHEAT) (GLUTEN)					May Contain						x	



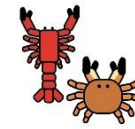
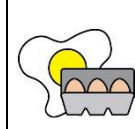
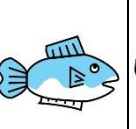
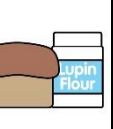




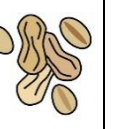



Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Southern Fried Chicken Burger in a Bun	x	WHEAT) (GLUTEN)		May Contain			May Contain		May Contain				May Contain	May Contain
Southern Fried Chicken Burger with mayo (salad optional)	x	WHEAT) (GLUTEN)		x			May Contain		x				May Contain	May Contain
Southern fried Chicken Burger in a bun with ketchup (salad optional)	x	WHEAT) (GLUTEN)					May Contain		May Contain				May Contain	May Contain
Lamb Burger (No Bun)		(WHEAT)												x
Lamb Burger (In a bun)		WHEAT) (GLUTEN)					May Contain						May Contain	x
Lamb Burger (In bun with salad and ketchup)	x	WHEAT) (GLUTEN)					May Contain						May Contain	x
Lamb Burger (in bun with salad and mayo)		WHEAT) (GLUTEN)		x			May Contain		x				May Contain	x
Veggie Burger (no bun)	x	(WHEAT)		x			x		x			x	x	May contain

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Veggie Burger in a bun	x	WHEAT) (GLUTEN)		x			x		x			x	x	May contain
Veggie burger in a bun with salad and mayo	x	WHEAT) (GLUTEN)		x			x		x			x	x	May contain
Veggie burger in a bun with salad and ketchup	x	WHEAT) (GLUTEN)		x			x		x			x	x	May contain

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Sausage		(WHEAT)					X		May Contain				x	X
Children's Sausage		(WHEAT)					x		May Contain				x	x
Sausage, Chips and Gravy (Meal Deal)	May Contain	(WHEAT)		May Contain			x		May Contain				x	x
Battered Sausage	May Contain	(WHEAT)		May Contain			x		May Contain				x	x
Steak Pie	x	(WHEAT)		X			X							
Cheese and Onion Pie		(WHEAT)		X			X							
Chicken and Mushroom Pie	X	(WHEAT)		X			X							
Turkey and Ham Pie	X	(WHEAT)		X			X							
Steak Pie and Chips and Gravy (Meal Deal)	x	(WHEAT)		X			x		May Contain				May Contain	X
Chicken and Mush Pie and Chips and Gravy (Meal Deal)	x	(WHEAT)		X			x		May Contain				May Contain	x

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Turkey Ham Pie and Chips and Gravy (Meal Deal)	x	(WHEAT)		x			x		x				x	x
Cheese and Onion Pie and Chips and Gravy (Meal Deal)	x	(WHEAT)		x			x		May Contain				May Contain	x
Chicken Nuggets		(WHEAT) MAY CONTAIN OATS, RYE, BARLEY)					x						May Contain	
Homemade Southern Fried Chicken Strips	x	(Wheat)					May Contain		May Contain				May Contain	May Contain
Chicken Breast (ON THE BONE)														
Chicken Breast Chips and gravy (Meal Deal)	May Contain	(WHEAT)		May Contain			May Contain		May Contain				May Contain	x
Chicken Nugget (Meal Deal)		Wheat) May contain Oats, Rye, Barley)					x						May Contain	x
Southern Fried Chicken Strip (Meal Deal)	x	(WHEAT)		May Contain			May Contain		May Contain	May contain	May Contain	May Contain		x

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chicken Curry (Half rice / half chips)	May Contain	(WHEAT)							x				May Contain	x
Chill Con Carne (Half Rice, Half Chips and Cheese)		(BARLEY) (WHEAT)			x		X							X
Chill Con Carne (Half Rice, Half Chips NO Cheese)		BARLEY) (WHEAT)			x									X
Spring Roll		(WHEAT)					X					X	X	
Onion Rings	May Contain	(WHEAT)		May Contain			May Contain		May Contain				x	May Contain
Scallop	May Contain	(WHEAT)		May Contain			May Contain		May Contain				x	May Contain
Pea and Mint Fritter	May Contain	(WHEAT)		May Contain			May Contain		May Contain				x	x

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Coleslaw				x					x					x
Southern Fried Gravy														
Garden Peas														
Mushy Peas														x
Chinese Curry	May Contain	(WHEAT)							x				May Contain	
Hot Curry	May Contain	(WHEAT)		May Contain			May Contain		x					May Contain
Beans														
Fruity Curry	x	(WHEAT)		May contain	May contain		May contain		x				x	May contain
Cheese							X							
Homemade Tartare Sauce				X					x					x